



NO-WIN SCENARIOS

There are common stories we often tell ourselves or myths we mistake for truths that can keep us from success. To stay safe we accept mediocrity. Which of these no-win scenarios are at play for you? Name the stories you've been telling yourself and list actions you can take to address them.

No-Win Scenario	Intensity Rating (1 to 5; 1=Rarely, 5=Often)	Where Do I Most Often See This in My Life?	What Actions Can I Take to Address This?
Success Will Wreck My ... Relationships ... Health (my mental, emotional, spiritual, and physical resources)			
Success Versus Virtue The 'Starving Artist' Myth The 'Nice Guys Finish Last' Myth The 'Rich People Are Bad People' Myth			
What If I Can't Do It Again? I'll need to succeed every time.			
My Own No-Win Scenario			