



# PICK YOUR PROJECT

Day/Date \_\_\_\_\_

Take your short list of projects from the LETTING GO OF YOUR PROJECTS worksheet and use the following five questions to pick one project that matters most right now. Once you've made the choice:

1. Circle the idea you've chosen to work on.
2. Fill in the date on the top of this worksheet so you know when you made this choice.
3. Take a picture of this worksheet so you have a digital record of it, and put the physical piece of paper someplace you'll see it a few times a week.

List Your Projects >					
1. Imagine that you're celebrating with a friend or loved one the most important thing you've done over the last year. If you could only pick one of the items on the list, which would it be?					
2. Which of the items on the list causes the most gut-level anguish when you consider cutting it from the list completely?					
3. Which of the items on the list are you most likely to wake up for two hours earlier, stay up for two hours later, or steal time elsewhere to create two hours to do?					
4. Which of the items on the list, if finished, will matter the most in five years, in terms of having done it or how it sets up your future self for thriving?					
5. Which of the items on the list is worth claiming one of your remaining "significant project" slots? Recall from the section on displacement regarding your number of significant project slots.					