



# FIVE KEYS AND FIVE CHALLENGES

**FIVE KEYS:** Read through the descriptions of each of the [Five Keys](#) described in Chapter 2 of *Start Finishing*. Then rate yourself in each area on a scale of 1-5: 1 = rarely, 2 = occasionally, 3 = sometimes, 4 = fairly often, 5 = consistently

Key:	Rating:
Intention	
Awareness	
Boundaries	
Courage	
Discipline	

**FIVE CHALLENGES:** Some keys are more effective at overcoming challenges than others. To see which challenge(s) might give you particular trouble, use your self-appraisal scores from above to generate a score for each of the [Five Challenges](#):

Challenge: Align Competing Priorities	
Associated Keys	Rating From Above
Awareness	
Discipline	
Boundaries	
Final Score	

Challenge: Overcome Too Few Resources	
Associated Keys	Rating From Above
Awareness	
Courage	
Discipline	
Final Score	

Challenge: Take Out Your Head Trash	
Associated Keys	Rating From Above
Awareness	
Courage	
Discipline	
Final Score	

Challenge: Get Your Team to Work With & For You	
Associated Keys	Rating From Above
Awareness	
Boundaries	
Courage	
Final Score	

Challenge: Remove the No from No Realistic Plan	
Associated Keys	Rating From Above
Intention	
Awareness	
Discipline	
Final Score	

Based on these scores, which of the Five Challenges are most likely to trip you up?

Which of the Five Keys do you most need to practice?

[What strategies might you employ to help you face these challenges on your next project?](#)